

Newsletter Starport

October 2015

Fright Fest

October 23rd

Join in on the frightful family fun
At the Gilruth Center !



- Kid's Fright Fest Bash
- Haunted Wood Trails
- Fright Fest **Run 5 k**

Enjoy this Fun with this
hair-raising twists and turns and things that
go bump in the night! These Haunted trails
will encompass the Gilruth Center utilizing
our 1/2 mile trail and open spaces.

The Fright Fest Run is open to all ages ,
Fun Run will start at 9:00am
Start/Finish in back parking lot of Gilruth



<http://starport.jsc.nasa.gov/>

Food Trucks!

Available during
Fright fest 5-8pm



STARPORT WELLNESS BLOG
EDUCATE. ENCOURAGE. ENHANCE

STARPORT NUTRITION PRESENTS

GROCERY STORE TOUR

SIGN UP NOW!



Date: October 14, 2015

Time: 5:30pm - 6:30pm

Location: Randalls (2323 Clear Lake City Blvd Houston, TX)

For more information, please contact Evan Thomas, Wellness Director at 281-244-2769

Only \$20 per
Employee!

STARPORT
NASA EXCHANGE - JSC



Fall Recreation Classes

Ballroom Dance Class

Beginner, intermediate, and Advanced!

Registration Now Open!



Introduction to Irish Dance

6 Week Class
Oct. 25th - Nov. 9th
Gilruth Center

Saturdays
1:00 - 2:30 PM
Studio 1

No classes on Thanksgiving weekend



Videography Classes

6:30 PM - 8:00 PM
Wednesdays, Oct. 28th - Dec. 2nd
(No classes on Nov. 11th or 25th)